## AMSLER GRID

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## **INSTRUCTIONS ON USE:**

- 1. Wearing reading glasses, hold the grid 12-15 inches away from your face
- 2.Cover one eye
- 3.Look directly at the center dot with the uncovered eye
- 4. Notice in your side vision if the lines around the central dot appear blurry, wavy, dark, or blank.

Do this test at home once a day, every day. Most people keep the grid on the refrigerator as a reminder to perform the test.

Call Dr. Ali's office right away at 972-638-0630 if there are any sudden changes.